

Jacob Herber MS, NBCC, LPC

Professional Summary

Results-driven Mental Health Counselor with training and hands on experience in family, group and individual settings. Dedicated and highly professional with passion for working with clients suffering from mental health illness and/or addictions diagnoses. Empathetic and compassionate with strong planning skills, excellent time management and a service-oriented mindset.

Skills

Family Sessions
Individual Sessions
Group Sessions

Strong written and verbal communication
Well versed in DSM-5
Follows HIPPA and ACA Code of Ethics

Education

Master of Science: Mental Health Counseling, September 2016

Capella University – Minneapolis, MN

- CACREP Accredited
- 3.952 GPA

Bachelor of Arts: First Pastoral Degree, 1987

Telshe Rabbinical College – Chicago,

Work History

Licensed Professional Counselor,

Dr. Kuna PSY D, & Associates, June 2019-current

- provide appropriate counseling services for a diverse client community. EMDR Certified IFS informed and trained in the following approaches include MI, CBT, DBT, SFT, EFT and Trauma Narrative.
- Provide mediation counseling for families in conflict.
- Keep appropriate client records.
- Collaborate with clients to develop and implement crisis safety plans when clients experience suicide ideation.

Family Home Based Counselor, February 2017-November 2019

Scranton Counseling Center

- Concurrently provide Eco-Systemic Structured Family Therapy for a full case load of up to 8 family systems at a time.
- Work jointly with families to determine effective 30-day treatment plans.
- Perform psych evals to assess for suicidality using the CAMS System.

Intern, January 2016 - September 2016

Drug & Alcohol Treatment Services Inc. (DATS) – Scranton PA

Facilitated group sessions for Beginners, IOP, Relapse Prevention, SIP, and Adolescents.

- Designed and managed new, innovative, group counseling sessions.
- Provided comprehensive case management services, including creating treatment plans, DAP notes, updates, consults, and after-care Plans. Connected clients to appropriate community

References:

Dr. John Kuna PSY D, 570-961-3361.

Mitch Valburg, LPC, previous supervisor at Scranton Counseling FHB, 570-479-3835.